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## ADVOCATING FOR CHANGE FOR ADOLESCENTS PROJECT (ACAP) CAMEROON

*A project to raise accountability for the health and wellbeing of adolescents and young people*

### ACAP NATIONAL TRAINING ON ADOLESCENT HEALTH AND WELL-BEING

**Date:** Saturday 27th February 2021

#### **Key Note Statement of the ACAP Focal Point, Desmond Nji A.**

The representative of the Ministry of Youth Affairs and Civic Education,  
Dear participants from all over Cameroon recognized (we're honoured to have you),  
Fellow young people,

Adolescents are one community of persons with several needs but which are for the most part, oversighted. Many in Cameroon are malnourished, some in need of basic health care and many in dire need of fundamental information/education about their health and well-being. We have identified that by investing in the health and well-being of these group of persons; families, communities and nations can reap multiple benefits.

Having contributed at global level to defining adolescent well-being and made efforts to develop toolkits that can enhance their health and well-being and those of their peers, we think that empowering young people with these skills can trigger informed community actions and spur the spirit of giving back to the society. That is why we have organized this training bringing together select number of young people across Cameroon who will be capable after this training, to disseminate the knowledge to peers in their regions of habitation.

Nous sommes reconnaissants du soutien du Ministère de la Jeunesse et de l'Education Civique tout au long du déploiement de la trousse à outils Plaidoyer pour le changement des Adolescents (ACAP) qui est le document de référence pour cette formation. Nous comptons sur le soutien et l'engagement continu du ministère pour mettre les questions de santé et de bien-être des adolescents à l'ordre du jour politique et plus particulièrement dans la diffusion de la trousse à outils de l'ACAP et du paquet sur la santé et le bien-être des adolescents lorsqu'ils seront publiés.

We are equally thankful to PMNCH housed by WHO and Women Deliver for the global initiative to prioritise adolescent well-being through the ACAP toolkit.

Fellow youth, yours is an opportunity to contribute to positive actions to improve the health and well-being of other fellows. It is a dire need especially at a time when many an adolescent and

young person has been forced out of school owing to COVID-19 and the fragile situations in the Far North, East, Northwest and Southwest Regions. Yours is indeed, an opportunity to contribute. Many young people showed interest but we could only assemble a few of us at this moment. We are still having those strong interests and will keep all of you in the loop for future such events and even engage virtually. We consider you as part of the champions through which the positive impact of ACAP shall reach thousands and thousands of young people including those in hard-to-reach areas and those in humanitarian and fragile settings.

Je remercie chaleureusement toute l'équipe de l'ACAP pour ses efforts au cours des derniers mois pour préparer cette formation. Nous sommes vraiment optimistes qu'un bon travail peut refléter le changement positif qu'il contribue au bien-être des autres.

Please enjoy this training and let's keep the faith and zeal to collaborate meaningfully to improve the health and well-being of adolescents.

May God bless you all.

Thank you.

ACAP Focal Point/Manager,

Desmond Nji